American Academy of Pediatrics

BRIGHT FUTURES PREVISIT QUESTIONNAIRE 7 YEAR VISIT

WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? O No O Yes, describe:

TELL US ABOUT YOUR CHILD AND FAMILY.

What excites or delights you most about your child?

Does your child live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? O No O Yes O Unsure

YOUR GROWING AND DEVELOPING CHILD

Do you have specific concerns about your child's development, learning, or behavior? O No O Yes, describe:

	RISK ASSESSMENT			
Anemia	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	O Yes	O No	O Unsure
	Does your child eat a vegetarian diet (does not eat red meat, chicken, fish, or seafood)?	O No	O Yes	O Unsure
	If your child is a vegetarian (does not eat red meat, chicken, fish, or seafood), does your child take an iron supplement?	O Yes	O No	O Unsure
	Do you ever struggle to put food on the table?	O No	O Yes	O Unsure
Hearing	Do you have concerns about how your child hears?	O No	O Yes	O Unsure
	Do you have concerns about how your child speaks?	O No	O Yes	O Unsure
Oral health	Does your child's primary water source contain fluoride?	O Yes	O No	O Unsure
Tuberculosis	Was your child or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)?	O No	O Yes	O Unsure
	Has your child had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?	O No	O Yes	O Unsure
	Is your child infected with HIV?	O No	O Yes	O Unsure
Vision	Do you have concerns about how your child sees?	O No	O Yes	O Unsure
	Has your child ever failed a school vision screening test?	O No	O Yes	O Unsure
	Does your child tend to squint?	O No	O Yes	O Unsure

YOUR CHILD'S DEVELOPMENT

Does your child have chores or responsibilities at home?		O No
Do you have clear rules and expectations for your child?		O No
When your child breaks the rules, are you consistent with consequences and discipline?		O No
Do you let your child know when he is doing a good job?		O No
Does your child frequently have worries?		O Yes
Does your child have problems dealing with anger or frustration?		O Yes
Do you help your child control her anger, deal with worries, and solve problems?		O No

DATE: Brigh Future Brigh Future

Physical Activity		
Is your child physically active at least 1 hour every day? This includes running, playing sports, or active play with friends.	O Yes	O No
How much time every day does your child spend watching TV, playing video games, or using computers, tablets, or smartphones (not counting schoolwork)?		hours
Does your child have a TV or an Internet-connected device in his bedroom?	O No	O Yes
Has your family made a family media use plan to help everyone balance time spent on media with other family and personal activities?	O Yes	O No
Does your child have trouble going to sleep or does he wake up during the night?	O No	O Yes
Does your child have a regular bedtime?	O Yes	O No

SAFETY

Car Safety						
Does your child always sit in a belt-positioning booster seat or lap and shoulder seat belt in the back seat every time she rides in a vehicle?		O No				
Does everyone in the vehicle always wear a lap and shoulder seat belt or belt-positioning booster seat?	O Yes	O No				
Outdoor Safety						
Does your child always wear a helmet to protect his head when biking, skating, or doing other outdoor activities?	O Yes	O No				
Does your child know how to swim?	O Yes	O No				
Does your child know to always have an adult watching her in the water and never to swim alone?	O Yes	O No				
Does your child use sunscreen?	O Yes	O No				
Gun Safety						
Does anyone in your home or the homes where your child spends time have a gun?	O No	O Yes				
If yes, is the gun unloaded and locked up?	O Yes	O No				
If yes, is the ammunition stored and locked up separately from the gun?	O Yes	O No				
Have you talked with your child about gun safety?	O Yes	O No				
Harm From Adults						
Do you know your child's friends and their families?	O Yes	O No				
Does your child know how to get help in an emergency if you aren't there?	O Yes	O No				
Have you taught your child that is it never OK for an adult to tell a child to keep secrets from his parents?	O Yes	O No				
Does your child know that it is never OK for an older child or an adult to ask to see her private parts?		O No				