American Academy of Pediatrics

## **BRIGHT FUTURES PREVISIT QUESTIONNAIRE 9 YEAR VISIT**

## WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? O No O Yes, describe:

## TELL US ABOUT YOUR CHILD AND FAMILY.

What excites or delights you most about your child?

Does your child live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? O No O Yes O Unsure

## YOUR GROWING AND DEVELOPING CHILD

Do you have specific concerns about your child's development, learning, or behavior? O No O Yes, describe:

	RISK ASSESSMENT			
Anemia	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	O Yes	O No	O Unsure
	Does your child eat a vegetarian diet (does not eat red meat, chicken, fish, or seafood)?	O No	O Yes	O Unsure
	If your child is a vegetarian (does not eat red meat, chicken, fish, or seafood), does your child take an iron supplement?	O Yes	O No	O Unsure
	Do you ever struggle to put food on the table?	O No	O Yes	O Unsure
Hearing	Do you have concerns about how your child hears?	O No	O Yes	O Unsure
	Do you have concerns about how your child speaks?	O No	O Yes	O Unsure
Oral health	Does your child's primary water source contain fluoride?	O Yes	O No	O Unsure
Tuberculosis	Was your child or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)?	O No	O Yes	O Unsure
	Has your child had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?	O No	O Yes	O Unsure
	Is your child infected with HIV?	O No	O Yes	O Unsure
Vision	Do you have concerns about how your child sees?	O No	O Yes	O Unsure
	Has your child ever failed a school vision screening test?	O No	O Yes	O Unsure
	Does your child tend to squint?	O No	O Yes	O Unsure
Harm From the	Internet			
Do you know about your child's Internet use?			O Ye	es O No
Do you have rules for the Internet?			O Ye	es O No
Have you installed an Internet safety filter on your computers, tablets, and smartphones?			O Ye	es O No
Onset of Puber	ty and Sexual Safety			
Have you talked	I with your child about the body changes that occur during puberty?		O Ye	es O No
Have you discussed privacy and body safety with your child?			O Ye	es O No
Have you and your child talked about sex?			O Ye	es O No
Does your child know to tell a trusted adult if someone touches her private parts or if someone encourages her to do other things that make her uncomfortable or she knows are wrong?			er O Ye	es O No
	SCHOOL			

Do you have concerns about your child's school experience?		O Yes
Has your child missed more than 2 days of school in any month?		O Yes
Does your child have any difficulties at school or get extra help in any subjects?	O No	O Yes
Does your child participate in activities outside of school?	O Yes	O No

DATE:



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Nutrition							
Do you have any concerns about your child's weight?		O Yes					
Do you have any concerns about her eating? This includes drinking enough milk and eating vegetables and fruits.							
Do you eat family meals together?	O Yes	O No					
Do you hear your child talking about how he looks or dieting?	O No	O Yes					
Physical Activity							
Is your child physically active at least 1 hour a day? This includes running, playing sports, or active play with friends.		O No					
Do you have any concerns about your child's physical activity level, such as it being either too much or too little?		O Yes					
Does your child have trouble going to sleep or does she wake up during the night?		O Yes					
How much time every day does your child spend watching TV, playing video games, or using computers, tablets, or smartphones (not counting schoolwork)?		hours					
Does your child have a TV or an Internet-connected device in her bedroom?	O No	O Yes					
Has your family made a family media use plan to help everyone balance time spent on media with other family and personal activities?	O Yes	O No					
SAFETY							
Car Safety							
Does your child always sit in a belt-positioning booster seat or lap and shoulder seat belt in the back seat every time he rides in a vehicle?		O No					

Does everyone in the vehicle always use a lap and shoulder seat belt?						
Outdoor Safety						
Does your child always wear a helmet to protect her head when biking, skating, or doing other outdoor activities?		O No				
Does your child know how to swim?						
Does your child know to always have an adult watching him in the water and never to swim alone?	O Yes	O No				
Does your child always use sunscreen when playing outside?	O Yes	O No				
Knowing Your Child's Friends and Their Families						
Do you know your child's friends and their families?	O Yes	O No				
Does your child know how to get help in an emergency if you are not there?		O No				
Gun Safety						
Does anyone in your home or the homes where your child spends time have a gun?	O No	O Yes				
If yes, is the gun unloaded and locked up?		O No				
If yes, is the ammunition stored and locked up separately from the gun?		O No				
Have you talked with your child about gun safety?		O No				